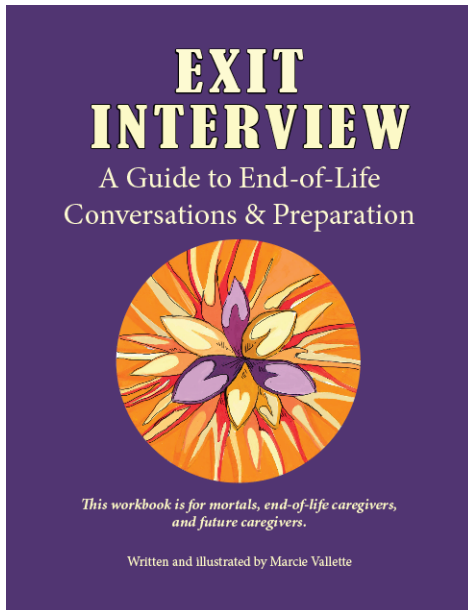


## EXIT INTERVIEW INFORMATION SHEET

*“Exit Interview is brilliant and much-needed. Things we take for granted can become quite complicated in catastrophic illness or pending death. I will be sharing this with Thanatology department and some death doula friends.”*

- Brad Hunter, Buddhist Chaplain and Teacher, London, Ontario, Canada

# Get comfortable talking about end of life.



Dear friends,

Personally and professionally, I've been involved in the journey of many individuals at the end of life. When friends and family have gathered to help out, there was often confusion about the wishes of their loved one. I noticed that vital discussions had frequently not happened.

Recognizing the discomfort around talking about death, I've developed *Exit Interview*. This tool, presented in a friendly workbook format, is designed to gently facilitate these crucial conversations. As both a long-term-care nurse and the creator of *Exit Interview*, I'm dedicated to supporting organizations like yours in navigating these discussions.

Please read this information over, and consider introducing *Exit Interview* to your organization to offer to clients. If you're interested in seeing the book, please let me know, and I'd be delighted to send you a free copy for you try out and keep. Thanks,

Marcie Vallette, BFA, M.Ed, LPN, writer and illustrator of *Exit Interview*

## Exit Interview is for you if:

- You want to be able to improve your communication and be more comfortable around death and dying issues.
- You are helping someone with serious illness, who may be approaching end of life.
- You have a friend or family member who is in early dementia, and you want to ask them their wishes before it's too late.
- You want to start coming to grips with your own mortality.
- You have a life-threatening illness and want others to know your wishes.
- You don't have a life-threatening illness, but you realize things do happen and you want to cover your bases for practical reasons.
- You want to take some of the stress out of end-of-life care for the ones you love. This book will let others know your wishes, and will decrease the amount of their stress over the practical details so your loved ones can focus on what is really important.

**DISCOUNT PURCHASES FOR BULK ARE AVAILABLE .**

Please see [www.exitinterviewvt.com](http://www.exitinterviewvt.com) or email [info@exitinterviewvt.com](mailto:info@exitinterviewvt.com)

**I'D BE HAPPY TO SEND YOU A COMPLIMENTARY COPY. PLEASE EMAIL ME DIRECTLY WITH YOUR REQUEST AND MAILING ADDRESS. [INFO@EXITINTERVIEWVT.COM](mailto:INFO@EXITINTERVIEWVT.COM).**

*“I've seen the struggle of caregivers dealing not only with pain and grief of loss, but also being overwhelmed with making decisions about care, planning and handling the many details around the estate, when the wishes of the loved one is not clear. I can see how useful the *Exit Interview* workbook will be. So, I want a few more copies to have on hand. Marcie this is such a tender and much needed gift. Thank You!!!!”*

- David McCoy, Senior Case Manager, Human Services, New Haven, CT

